



Lunch week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & bread	Leek and Potato soup with homemade bread	Pea and Mint Soup with homemade bread	Traditional French onion with a cheese crouton	White Bean and Vegetable Soup with homemade bread	Spring veg soup with homemade bread
Main meal	Spaghetti Bolognaise	Chicken burgers	Roast Turkey or Beef Silverside	Chicken Goulash	Home battered fish, fish fingers, battered sausage, fish cakes, healthy fish of the day
Vegetarian	Vegetarian Bolognaise	Veggie Burger	No nut 'nut' roast	Vegetable Goulash	Crispy veggie dippers
Pasta/jacket	Jacket potato cheese	Pasta with a veg sauce	Gnocchi pesto	Jacket potato Baked bean	Pasta with cream and tarragon sauce
On the side	Garlic bread Green beans Ratatouille	Potato Wedges Onion rings Sweetcorn relish	Roast potatoes Steamed Carrots Braised Cabbage, Gravy	Rice Spiced Roasted parsnips and sweet potatoes	Chips Baked bean Garden peas Mushy peas Curry sauce
Hot desserts	Apple and Pear Pie & custard	Home Made Cookies	Sticky toffee pudding Fresh Cream	Chocolate Swiss Roll	Fresh Fruit Meringue
Cold desserts	Raspberry jelly, Fresh fruit pots	Fruit Pots Sliced Watermelon	Fresh fruit pots Lime Jelly	Cornflake cake, Fresh Fruit Pots	Fresh Fruit Greek Yoghurt and Banana Pots