

Trinity Lodge Lunch Menu Autumn 2011

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Pork and Apple Sausage Bake and Mixed Beans Apple and Pear Crumble	Chicken Chow-Mein with Fine Noodles Steamed Chocolate Sponge	Celebrity Fish Bake Treacle Tart	Caribbean Vegetable Curry Mandarin Orange Shortcake	Braised Beef and Mushroom Pie Peach and Chocolate Yogurt
Week Two	Turkey Stroganoff with Stir Fry Vegetable Rice Sticky Toffee Pudding	Breaded Fish Fillet with Dauphinoise Potatoes Pineapple and Ginger Cheesecake	Spaghetti Bolognaise Grated Cheese Coconut Crumb Cake	Lamb and Mint Crumble and Baked Potato Strawberry and Apple Fool	Macaroni Cheese with Winter Salad Jam Roly-Poly
Week Three	Thai Style Fish Stew And Noodles Raspberry Jelly and Vanilla Custard	Chilli Con Carne and Savoury Rice Sultana and Apple Pastry	Toad in the Hole and Sweet Potato Casserole Muesli Slice	Salmon Lasagne Cranberry Mince Meat Crumble	Valencian Chicken Risotto Citrus Sponge
Week Four	Leek and Ham Bake with Pasta Rague Banana Chocolate Brownie	Vegetable Casserole with Herby Dumplings Warm Fruit Salad and Yogurt	Cajun Lamb with Chick Pea Cous- Cous Lemon Meringue	Beef and Mustard Relish Burgers Provencale Potato Tart Carrot Cake	Seafood Crumble With Potato Wedges Apricot Bread and Butter Pudding

Alternatives offered for dietary needs.

Always available:

Fresh fruit and seasonal vegetables,

Sandwiches and salad,

Yoghurt and homemade cakes and biscuits.