

Monday Wk 2	Tuesday Wk 2	Wednesday Wk 2	Thursday Wk 2	Friday Wk 2	Saturday Wk 2	Sunday Wk 2
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Omelettes	Bacon	Porridge	French Toast	Oven Baked Sausages (2)	Full English Breakfast	Home Baked Panino Croissants
Baked Beans	Grilled Tomatos	Homemade Yoghurt	Maple Syrup	Baked Beans	bacon, sausage, fried bread,	Selection of Plain & Chocolate,
		Boiled Eggs			hash brown, baked beans	Toasted Bagels
Cereals & Yoghurts	Cereals & Yoghurts	Cereals & Yoghurts	Cereals & Yoghurts	Cereals & Yoghurts	Fried Eggs	Cereals & Yoghurts
Organic Fruit Juice	Organic Fruit Juice	Organic Fruit Juice	Organic Fruit Juice	Organic Fruit Juice	Cereals & Fruit Juice	Fruit Juice
Fresh Fruit & Toast	Fresh Fruit & Toast	Fresh Fruit & Toast	Fresh Fruit & Toast	Fresh Fruit & Toast	Fresh Fruit & Toast	Fresh Fruit & Toast
Afternoon tea	Afternoon tea	Afternoon tea	Afternoon tea	Afternoon tea	Afternoon tea	Afternoon tea
Toast	Bagels	Muffins	Toast	Teacakes	Cheese On Toast	Fresh Fruit
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken a la King	Beef Casserole	Macaroni & Bacon Cheese	Chicken & Spinach Lasagne	Pork Thai Green Curry	Chicken Kiev's	Carvery Roasted Meats
Garlic Breads	Cous Cous with Quorn & Chick Peas	Nutty Roast	Quorn mince and lentil pie	Lime & Ginger Leaves	Vegetarian Pasta Carbonara	Roasted Quorn Fillet with Asparagus
Vegetarian Frittata	Pan Fried Leek Spinach & Onion	Potato Wedges	Boulangere potatoes	Vegetarian Thai noodles	Crushed Potatoes	Roast Potatoes
Steamed Ribbon Noodles	Mustard Seeded Potato Cake	Baton Carrots	Garlic Breads	Sticky Rice	French Style Peas	Honey Roast Parsnips
	Peas	Steamed Broccoli & Cauliflower	Winter Cabbage or Greens	Gravy	Sweetcorn Cobs	Sliced Carrots
Crispy Salad	Rich Tomato Gravy	Baked Jackets	Peas	Soup of the Day	Baked Jackets	Farmhouse Vegetables
		Jacket Fillings	Baked Jackets	Crusty Bread	Jacket Fillings	Gravy
Soup of the Day	Soup Of The Day		Jacket Fillings			
Crusty Bread	Crusty Bread					
Pasta	Pasta					
Chefs Sauce	Chefs Sauce					
Unlimited Salad Bar	Unlimited Salad Bar	Unlimited Salad Bar	Unlimited Salad Bar	Unlimited Salad Bar	Unlimited Salad Bar	Unlimited Salad Bar
Lettuce	Lettuce	Lettuce	Lettuce	Lettuce	Lettuce	Lettuce
Tomato	Tomato	Tomato	Tomato	Tomato	Tomato	Tomato
Cucumber	Cucumber	Cucumber	Cucumber	Cucumber	Cucumber	Cucumber
Composite Salads	Composite Salads	Composite Salads	Composite Salads	Composite Salads	Composite Salads	Composite Salads
or	or	or	or	or	or	or
Protein salad	Protein salad	Protein salad	Protein salad	Protein salad	Protein salad	Protein salad
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Jumbo Oatmeal Flapjack		Lemon and ginger sponge pudding	Pear & Apricot Compote	Bananas	Pineapple & Cherry Upside Down Cake	Apple and Cinnamon Pie
Custard	Rice Pudding with Fruit Jam	Vanilla Sauce	Evaporated milk	Custard	Whipped Cream	Cream
Fresh Cut Fruit Kettles	Fresh Cut Fruit Kettles	Fresh Cut Fruit Kettles	Fresh Cut Fruit Kettles	Fresh Cut Fruit Kettles	Fresh Cut Fruit Kettles	Fresh Cut Fruit Kettles
Late Wok Supper Bar	Late Wok Supper Bar	Late Wok Supper Bar	Late Wok Supper Bar	Late Wok Supper Bar	 	食物
Chicken Wings of Fire with Piri Piri Sauce	Lime and Chicken Korma Curry	Nissin or Korean Noodles	Late Late Cereal	Chilled Self Serve Buffet		
Vegetable Spring Rolls	Wholegrain Rice	with Won Ton	And Toast Bar			
Steamed Fragrant Rice	Prawn Crackers	Spring Rolls				