



Monday Wk 2	Tuesday Wk 2	Wednesday Wk 2	Thursday Wk 2	Friday Wk 2	Saturday Wk 2	Sunday Wk 2
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Omelettes Baked beans 	Grilled bacon Fried eggs 	Chocolate & Danish Croissants Homemade Yoghurt Porridge Oats 	French Toast Maple syrup 	Oven baked sausages Baked beans 	Full English Breakfast bar (bacon, sausage, fried bread, hash brown, spaghetti hoops, Fried eggs)	Home Baked Panino Croissants – Plain & Chocolate Porridge Oats 
AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
Toast	Bagels	Muffins	Toast	Teacakes	Cheese on Toast	Crumpets
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Grilled pork escalope with herb crust and gravy Pineapple Vegetarian Frittata Mid potatoes, grilled tomatoes and onion Florets of vegetables, Soup of the day with crusty bread Pasta with chefs sauce	Lasagne Verdi Vegetable Lasagne Mid potatoes, pan fried leek, spinach and onion Peas, rich tomato gravy Pasta with chefs sauce Soup of the day with crusty bread	Tuna Pasta Bake Macaroni Cheese Dauphinoise potatoes Baton carrots, seasonal vegetables Baked Jackets and fillings Pasta with chefs sauce Crusty Bread	Braised chicken with onions Quorn with spinach and leek Boulangere potatoes garlic breads, Courgettes, minted peas Baked jackets with fillings Pasta with chefs sauce	Thai green pork curry Lime & ginger green leaves Pumpkin & chick pea curry Sticky rice Pasta with chefs sauce Soup of the day with crusty bread	Chicken Kiev Quorn fillets in garlic & chive butter sauce Crushed potatoes, whole green beans & sugar snap peas, onion rings Pasta with chefs sauce Baked jackets with fillings	Roast Beef Yorkshire pudding Quorn stuffed vegetable Yorkshires Roast potatoes, parsnip & onion, sliced carrots, gravy Pasta with chefs sauce Soup of the day with crusty bread
SALAD BAR & CHILLED COUNTER	SALAD BAR & CHILLED COUNTER	SALAD BAR & CHILLED COUNTER	SALAD BAR & CHILLED COUNTER	SALAD BAR & CHILLED COUNTER	SALAD BAR & CHILLED COUNTER	SALAD BAR & CHILLED COUNTER
Unlimited, help yourself to as much Lettuce, Tomato, Cucumber Composite salads Or choose a protein salad from our range	Unlimited, help yourself to as much Lettuce, Tomato, Cucumber Composite salads Or choose a protein salad from our range	Unlimited, help yourself to as much Lettuce, Tomato, Cucumber Composite salads Or choose a protein salad from our range	Unlimited, help yourself to as much Lettuce, Tomato, Cucumber Composite salads Or choose a protein salad from our range	Unlimited, help yourself to as much Lettuce, Tomato, Cucumber Composite salads Or choose a protein salad from our range	Unlimited, help yourself to as much Lettuce, Tomato, Cucumber Composite salads Or choose a protein salad from our range	Unlimited, help yourself to as much Lettuce, Tomato, Cucumber Composite salads Or choose a protein salad from our range
DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
Home made yoghurts with fruit coulis Unlimited fresh fruit kettles Creamy baked rice pudding with jam	Home made yoghurts with fruit coulis Unlimited fresh fruit kettles Home Baked Cookies	Homemade yoghurts with fruit coulis Unlimited fresh fruit kettles Fresh fruit salad Lemon & ginger sponge pudding, clotted cream	Home made yoghurts with fruit coulis Unlimited fresh fruit kettles Strawberry trifle	Home made yoghurts with fruit coulis Unlimited fresh fruit kettles Fresh Fruit salads	Home made yoghurts with fruit coulis Unlimited fresh fruit kettles Plated pineapple with ice cream	Home made yoghurts with fruit coulis Unlimited fresh fruit kettles Bramley Apple & berry pudding with cream
LATE WOK SUPPER	LATE WOK SUPPER	LATE WOK SUPPER	LATE WOK SUPPER	LATE WOK SUPPER		
Sticky Chicken Wings Vegetable spring rolls Steamed Fragrant Rice	Singapore Chow Mein Mushroom Chow Mein Beijing Gold Prawn Crackers	Crispy Duck & vegetables with HoiSin Sauce Spring Rolls, Steamed fragrant rice	Moo Goo Gai pan Sweet curry sauce Chips	Chilled self serve buffet		