Monday Wk 2	Tuesday Wk 2	Wednesday Wk 2	Thursday Wk 2	Friday Wk 2	Sunday Wk 2
Refectory Lunch	Refectory Lunch	Refectory Lunch	Refectory Lunch	Refectory Lunch	Refectory Lunch
Mexican Chilli Con Carne	**Lincolnshire sausages**	**Pizza Selection**	Carvery Roasted Meats	Baked Healthy Fishies with Lemon & Herb Crust	**Sausage Rolls**
Vegetable Chunky Chilli	Traditional Gravy	Baked Potato Skins	Traditional Gravy	**Fish Fingers**	**Cheese And Leek Flan**
La Cantina Vegetable Savoury Rice	Cauliflower Gratinee	Onion Rings	Westcountry Cheddar, Mushroom & Onion Quiche	Quorn and mixed bean enchilada	**Lyonnaise Potatoes**
	Mashed Potatoes	Coleslaw	**Roast Potatoes**	**Battered Fish of the Day**	Spaghetti Hoops
Sour Cream, Spring Onions, Salsa,	Whole green beans	Potato & Chive Salad	Stuffing and Accompanyments	Steamed Mids	Grilled Tomatoes
Baked Jackets	Braised Leeks and Red Onions	Jacket fillings	Seasonal Vegetables	**Chipped Potatoes**	
Jacket Fillings			Carrots	Mushy Peas & Grilled Tomatoes	
Pasta	Pasta	Pasta		Pasta	Pasta
Three Cheese Sauce	Tomato and Pepper sauce	Creamy Leek Sauce		Italian Tomato Sauce	**Creamy White Onion Sauce**
Refectory Chiller and Salad Bar	Refectory Chiller and Salad Bar	Refectory Chiller and Salad Bar	Refectory Chiller and Salad Bar	Refectory Chiller and Salad Bar	Refectory Chiller and Salad Bar
Protein Salads	Protein Salads	Protein Salads	Protein Salads	Protein Salads	Protein Salads
Egg, Tuna, **Cheese, Ham**	Egg, Tuna, **Cheese, Ham**	Egg, Tuna, **Cheese, Ham**	Egg, Tuna, **Cheese, Ham**	Egg, Tuna, **Cheese, Ham**	Egg, Tuna, **Cheese, Ham**
Mexican wraps	Mexican wraps	Mexican wraps	Mexican wraps	Mexican wraps	Mexican wraps
Chicken, Cottage Cheese	Chicken, Cottage Cheese	Chicken, Cottage Cheese	Chicken, Cottage Cheese	Chicken, Cottage Cheese	Chicken, Cottage Cheese
And help yourself to as much	And help yourself to as much	And help yourself to as much	And help yourself to as much	And help yourself to as much	And help yourself to as much
Lettuce, Tomato, Cucumber	Lettuce, Tomato, Cucumber	Lettuce, Tomato, Cucumber	Lettuce, Tomato, Cucumber	Lettuce, Tomato, Cucumber	Lettuce, Tomato, Cucumber
and 2 daily composite salads	and 2 daily composite salads	and 2 daily composite salads	and 2 daily composite salads	and 2 daily composite salads	and 2 daily composite salads
The Baguette Bar	**The Baguette Bar**	**The Baguette Bar**	**The Baguette Bar**	**The Baguette Bar**	
Freshly Baked Baguettes	**Freshly Baked Baguettes**	**Freshly Baked Baguettes**	**Freshly Baked Baguettes**	**Freshly Baked Baguettes**	
inluding foot long subs, soft rolls	**inluding foot long subs, soft rolls**	**inluding foot long subs, soft rolls**	**inluding foot long subs, soft rolls**	**inluding foot long subs, soft rolls**	
filled with 2 protein items	**filled with 2 protein items**	**filled with 2 protein items**	**filled with 2 protein items**	**filled with 2 protein items**	
and as much salad as you want	and as much salad as you want	and as much salad as you want	and as much salad as you want	and as much salad as you want	
CARVERY ROAST MEAT DAY	**CURRY DAY**	**HOT WOK NOODLE DAY**	**CARVERY ROAST MEAT DAY**	**HOT WOK NOODLE DAY**	
Honey Roast Hams, Salted Silversides,	Chicken Korma or Vegetable Madras,	Chicken Noodle Stir Fry	Honey Roast Hams, Salted Silversides,	Chicken Noodle Stir Fry	
Roasted Beef & Loins of Pork	Steamed Rice and Accompanyments	Filled Tascas, Meatballs and More	Roasted Beef & Loins of Pork	Filled Tascas, Meatballs and More	
Refectory Desserts	**Refectory Desserts**	**Refectory Desserts**	**Refectory Desserts**	**Refectory Desserts**	**Refectory Desserts**
Banana and Coconut Sponge	**Apple And Pear Crumble**	**Jam Roly Poly**	**Marmalade Pudding**	**Arctic Roll**	Fruit Jelly
Custard	Chocolate Sauce	Yoghurt Sauce	Custard	**Fruit Coulis**	
Pro Biotic Home Made Yoghurts	Pro Biotic Home Made Yoghurts	Pro Biotic Home Made Yoghurts	Pro Biotic Home Made Yoghurts	Pro Biotic Home Made Yoghurts	Pro Biotic Home Made Yoghurts
Jellies & Mousses	Jellies & Mousses	Jellies & Mousses	Jellies & Mousses	Jellies & Mousses	Jellies & Mousses
Cold sweets	Cold sweets	Cold sweets	Cold sweets	Cold sweets	Cold sweets
Unlimited Fresh Cut Fruit	Unlimited Fresh Cut Fruit	Unlimited Fresh Cut Fruit	Unlimited Fresh Cut Fruit	Unlimited Fresh Cut Fruit	Unlimited Fresh Cut Fruit